

Personal, Social and Health Education.

Intent

At Christchurch Infant School, our aim of PSHE is to allow pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life past education. In line with the Education Act 2002 and the Academies Act 2010 we cover the three core themes of PSHE, Health and Well Being, Relationships and Living in the Wider World. At Christchurch Infant School, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using the Jigsaw programme supports this.

Implementation

Through using Jigsaw our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members, members of society and the global community. Jigsaw is implemented throughout the whole school during weekly whole class Jigsaw lessons focusing on different topics each half term and is embedded through all lessons. During the weekly lesson the children are introduced to mindfulness which gives them a chance to 'live in the now' and ground themselves again before commencing the lesson.

The aims of PSHE and Jigsaw within Christchurch Infant School are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Jigsaw deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at Christchurch Infant School also acquire an understanding and experiences of British Values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen.

The children participate in many different celebration days/events, such as Odd Socks Day, Friendship Week, Fairtrade Fortnight, World Book Day, Earth Day, World Day for Cultural Diversity and World Oceans Day. These events allow children to reach into the community, express themselves, understand others and celebrate differences.

Impact

At Christchurch Infant School we seek to ensure that the PSHE that we teach, improves the physical and social well-being of pupils. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational and confident individuals. Providing a consistent and regular delivery of Jigsaw allows us to fulfil this.